

Life to the Full Plus (Ten Ten Resources)

In 2020, Relationships Education and Health Education became statutory for all primary schools in England. Then in July 2025 the Department for Education published new Guidance for teaching RSHE, implemented from September 2026.

As a Catholic school, our mission is to support the spiritual, moral, social and cultural development of all of our pupils, rooted in the wisdom and teaching of the Church. The education of children in human sexuality is an important, precious and privileged responsibility. The Church teaches us that this is very much a partnership with parents, in which parents are the 'first educators' of their children on these matters; ultimately, you confer on us the right to co-educate your children with you.

St Marie's Catholic Primary School uses Life to the Full Plus by Ten Ten Resources as the core programme for delivering Relationships, Sex and Health Education (RSHE). The programme has been developed specifically for Catholic primary schools and is fully aligned with the Catholic Education Service Model RSE Curriculum and the Department for Education's statutory guidance.

Life to the Full has been approved by our diocese. Furthermore, Ten Ten Resources have entered into a partnership with the Catholic Education Service and the Department for Education to provide training for teachers in Catholic schools on the subject of the RHE statutory curriculum. The programme supports our Catholic ethos and provides a progressive curriculum from EYFS to Year 6.

Through their programme, Ten Ten Resources understand the foundational role that parents have in educating and nurturing their children on these matters. Within the programme, they have built in resources which will not only keep you informed about what is being taught in school, but will also give you the opportunity to engage your children in discussion, activity and prayer.

Ten Ten Resources have also provided an **Online Parent Portal**. The Parent Portal enables parents and carers to see what is being taught throughout the year and supports conversations at home. <https://www.tentenresources.co.uk/parent-portal/>

Additionally, Ten Ten Resources **have produced an online Parent Consultation resource**. This is a simple-to-follow, short online course which:

- Outlines the statutory changes that have taken place in England
- Articulates a vision for Catholic Relationships and Health Education.
- Explains how Life to the Full aims to help us fulfil the statutory curriculum with a Catholic ethos.
- Provides some information about key decisions we need to make, in consultation with parents.
- Answers some Frequently Asked Questions.

To take part, please do the following:

- Access the Parent Information here:
www.tentenresources.co.uk/parent-consultation-primary
- You will need the following login credentials for our school:
Username: **st-maries-s10**
Password: **light-green**
- Send us your feedback. Please email your comments to: headteacher@st-maries.sheffield.sch.uk by Friday 31 July 2026.

We hope these resources help you understand the programme and support the consultation process. We encourage you to explore the Parent Portal before sharing any comments on the draft policy.